No: 13/14/2019-2020/PDNASS/454

Date: 14.06.2019

To,

The Zonal Addl. CPFCs (DL & UK)
The Regional P.F. Commissioners – I
Regional Offices
Delhi (North/South) East/West/Central),
Gurugram-I/II, Noida, Faridabad
(Through Web – Circulation)

Subject: Yoga Week in r/o “International Day of Yoga” scheduled to be held on 17th-21st June, 2019 – Nomination(s) – regarding.

Madam/Sir,

As you are aware that International Day of Yoga is celebrated on 21st June every year. In this regard it has been decided that this year on the occasion of International Day of Yoga a week long programme on Yoga is being held at Pandit Deendayal Upadhyaya National Academy of Social Security (PDNASS) from 17-21 June 2019 (5 days). During this programme, about 35-40 officers will be invited every day from EPF, Hqrs and field offices situated in Delhi NCR for Yoga sessions at PDNASS. The timings of Yoga sessions will be from 10:00 am to 11:15 am and 11:30 to 12:45 pm with a break of 15 minutes.

You are therefore requested to nominate at least 02 Officers from your office on daily basis from 17-21 June 2019 with the directions to report for the Yoga sessions at PDNASS at 10:00 A.M. sharp. The concerned officers may also be advised to carry Track suits/Kurta-Pajjama etc. suitable for Yoga sessions. The list of the day-wise nominated officers may please be sent to this office at the earliest (i.e. by 05:00 PM on 14.06.2019). For any other information/clarification in this regard, undersigned may please be contacted at the telephone number given below.

(This issues with the approval of Director, PDNASS)

Yours faithfully,

(Rakesh Sahrawat)
Regional P.F. Commissioner – I
Phone: 28525993