



कर्मचारी भविष्य निधि संगठन
EMPLOYEES' PROVIDENT FUND ORGANISATION
धर्म एवं रोजगार मंत्रालय, भारत सरकार
MINISTRY OF LABOUR & EMPLOYMENT, GOVERNMENT OF INDIA
मुख्य कार्यालय/Head Office
भविष्य निधि भवन, 14, भिकाजी कामा प्लेस, नई दिल्ली-110066
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Website: www.epfindia.gov.in, www.epfindia.nic.in



No. A-45013/7/2021-HRM-VIII /1044

Date: 19 JUN 2024

To

All ACC(HQ) / Director (PDNASS),
ACC (Zones),
RPFC (ASD) Head Office,

Sub: International Yoga Day Celebrations on 21.06.2024-reg.

Madam/Sir,

Please find enclosed a copy of D.O. Letter No. M-16011/27/2024-YN dated 15th June, 2024 from the Secretary, Ministry of AYUSH regarding observation of 10th International Day of Yoga on 21st June, 2024.

2. In pursuance to above and to observe IDY 2024, it has been decided to arrange different activities related to Yoga in Offices of EPFO, which are as follows:

- i. Yoga Charts and standees may be displayed inside the Office premises for awareness.
- ii. Yoga sessions be organized by the Office on 8th International Day of Yoga on 21st June, 2024.
- iii. Awareness campaigns on the benefits of yoga may also be launched in residential colonies & Offices of the Department.
- iv. Quiz, painting competition, essay writing competition may be organized.
- v. Any other activity related to Yoga preferred by Zonal /Regional Office.

Yours faithfully,

Encl: List of Common Activities for Ministries/Departments

(S K Suman)

Addl. Central P.F. Commissioner (HR)

Copy to:

1. C&PR Division for adhering to activities related to publicity in the list of common activities for Ministries/Departments.
2. OSD to CPFC: for information please.
3. PS to ACC (HQ) (HR)
4. FA & CAO/Director, PDNASS/All ACC (HQ), Head Office
5. Chief Vigilance Officer
6. All Addl. CPFCs (Head Office)
7. RPFC-I (IS/NDC) for uploading on website
8. DD (OL) for Hindi Version

वैद्य राजेश कोटेचा
सचिव
Vaidya Rajesh Kotecha
Secretary



सत्यमेव जयते



आज़ादी का
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए. नई दिल्ली-110023
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Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel. : 011-24651950, Fax : 011-24651937
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D.O.No.M-16011/27/2024-YN
15th June, 2024

Dear Colleague,

With reference to my earlier DO Letters dated 11th June, 2024 and 12th April, 2024(copies enclosed), a meeting of Committee of Secretaries(CoS) was held under the chairmanship of Cabinet Secretary on 11th June, 2024 to review the preparations for the 10th International Day of Yoga 2024.

As a follow up of the directions conveyed in the CoS meeting, the roles and responsibilities of the Ministries/Departments for timely preparations and the seamless conduct of IDY 2024 are enclosed herewith.

It is requested that IDY celebrations may be arranged at a scale in your Ministry/Department at all levels which includes the Ministry/Department/Subordinate Offices/Autonomous Institutes/Training Institutes/PSUs, if any. If your Ministry/Department is having interface with the States/UTs, it is also requested that through this interface, States/UTs may be sensitized for the same.

Further, with the help of ISRO, Bhuvan Yoga Mobile application has been developed for uploading the participation details. To capture participation in IDY 2024 at different locations, the link for downloading the Bhuvan Yoga android application is as follows:

https://bhuvan-app3.nrsc.gov.in/mobile_app/bhuvan_mobile_app.php?proj_code=141

I shall be grateful if you could kindly facilitate the usage of this app among all stakeholders during the IDY 2024 event. Further, it is also requested to encourage and disseminate the use of IDY tagline # Yoga for self and society 'योग - स्वयम् और समाजके लिए'.

With regards,

Encl : As above

To,

All Secretaries to the Government of India.

Yours sincerely,

RAJESH KUMAR KOTECHA
Digitally signed by RAJESH KUMAR KOTECHA
Date: 2024.06.15 16:05:31 +05'30'

(Rajesh Kotecha)



Common Activities for Ministries/ Departments



Maximum participation in the main IDY event on 21st June 2024

Using social media platforms for dissemination of latest updates and information about IDY – common messaging

Social Media posts of Ministry of Ayush may be shared by Ministries/Departments on their social media platforms

IDY logo may be displayed and IDY related guidelines/digital resources may be uploaded on the Websites/ Portals of respective Ministries/Departments. Communication sent in this regard

Ministries/Departments may sensitize their employees on CYP

Ministries/Departments may encourage their employees to undertake regular training sessions being conducted by Morarji Desai National Institute of Yoga



Common Activities for Ministries/Departments-2



Employees may be encouraged for participation of their family members in the IDY activities

Organizing Yoga-related activities such as online/offline lectures, workshops etc. by Yoga experts, ahead of IDY 2024

Publishing Yoga and IDY-specific articles in official e-newsletter, bulletin, magazine etc

Also to providing inputs to IDY-2024 Newsletter

Participation in IDY activities organized on MyGov platform and MyBharat portal like quiz, competitions, video campaigns, etc.